

Time to Meet?

Because together is better

Time to Meet is organised by people with learning disabilities, and their friends, families and staff in Swansea.

It is there to help members to build stronger social lives with people around them by sharing, skills interests and time.

You can join **Time to Meet** if you:

- Get support yourself.
- Have a friend or a family member who has support.
- Provide support yourself either as a paid worker or volunteer.

We all sometimes feel lonely and unhappy with our lives, and do not get the chance to be active in organising and building the communities in which we live.

We want **Time to Meet** to change all that.



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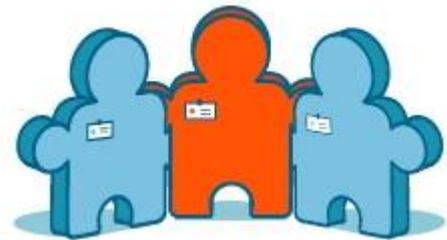
How does Time to Meet work?

- Members share information about the things they like and enjoy doing.
- They organise events and groups so that they can make these shared things happen together.
- Members can ask for help from each other to make things happen, there are always extra things people need help with ranging from transport, producing information, to just somebody to help people join in. Members can offer 'Time In' to help to make the things that people want happen.
- Members who offer this 'Time In' get a Time credit in thanks for their help and support.
- Time Credits are used to do enjoyable things such as; nights out, pampering yourself, learning a new skill, or even help to get fit.



Joining is easy?

You can ask for a membership form at the offices of Community Lives Consortium, or complete one on-line at www.time2meet.org.uk



About Time to Meet

- Time to Meet is funded by the Big Lottery, local agencies, member contributions, and City and County of Swansea.
- It managed by a Council of people who have learning disabilities with support from Community Lives Consortium.
- Find out more at time2meet.org.uk or you can contact the Lisa Davies (Time to Meet coordinator) Community Lives Consortium 01792 646640 lisa.davies@communitylives.co.uk